



TABLEAU DES ALLERGÈNES

SI VOUS AVEZ UNE INTOLÉRANCE OU UNE ALLERGIE, VEUILLEZ PRÉVENIR NOTRE ÉQUIPE AVANT TOUTE COMMANDE.



Ce symbole indique la présence de cette allergène dans le plat

Informations établies sur la base des déclarations de nos fournisseurs à propos de la composition de leurs produits. Outre les présences signalées dans ce tableau, nous ne pouvons pas exclure une présence accidentelle d'autres ingrédients allergènes qui serait apparue lors de la fabrication des produits chez nos fournisseurs ou lors de leur utilisation dans notre établissement.

MISE À JOUR LE : 18/06/2025

	POISSONS	CRUSTACÉS	SOJA	SÉSAME	GLUTEN	OEUFS	LAIT	MOUTARDE	ARACHIDES	FRUITS À COQUES	CELERI	SULFITES	MOLLUSQUES	LUPIN
ENTRÉES & SALADES														
SOUPE MISO	✓		✓	✓			✓				✓			
RIZ NATURE														
RIZ VINAIGRÉ				✓								✓		
EDAMAME			✓											
SALADE DE CHOUX			✓	✓	✓	✓	✓	✓	✓					
SALADE DE CHOUX SAUMON	✓		✓	✓	✓	✓	✓	✓	✓					
SALADE DE CHOUX CREVETTES		✓	✓	✓	✓	✓	✓	✓	✓					
SALADE DE CHOUX THON CUIT AVOCAT	✓		✓	✓	✓	✓	✓	✓	✓					
SALADE DE CHOUX POULET MAYO AVOCAT			✓	✓	✓	✓	✓	✓	✓			✓		
SALADE KYOTO			✓	✓	✓									
CROUSTILLANTS														
GYOZAS LÉGUMES			✓	✓	✓	✓			✓	✓		✓		
GYOZAS POULET			✓	✓	✓	✓			✓	✓		✓		
GYOZAS CREVETTES		✓	✓	✓	✓	✓			✓	✓		✓		
SAMOUSSA POULET			✓		✓	✓			✓	✓		✓		
TEMPURA POULET			✓		✓	✓	✓		✓	✓		✓		
TEMPURA CREVETTES		✓	✓		✓	✓	✓		✓	✓		✓		
NEMS POULET			✓		✓	✓			✓	✓		✓		
NEMS CREVETTES		✓	✓		✓	✓			✓	✓		✓		
MAKIS														
MAKI SAUMON	✓													
MAKI SAUMON CHEESE	✓						✓							
MAKI SAUMON AVOCAT	✓													
MAKI THON	✓													
MAKI CREVETTES AVOCAT		✓												
MAKI AVOCAT														
MAKI AVOCAT CHEESE							✓							
MAKI CONCOMBRE CHEESE							✓							
MAKI THON CUIT MAYO	✓				✓	✓	✓	✓						



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SUSHIS														
SUSHI SAUMON	✓													
SUSHI SAUMON AVOCAT	✓													
SUSHI SAUMON CHEESE	✓					✓								
SUSHI THON	✓													
SUSHI CREVETTES		✓												
ROLLS														
ROLLS CHEESE	✓					✓								
ROLLS SAUMON FUMÉ CHEESE	✓					✓								
ROLLS AVOCAT CHEESE	✓					✓								
ROLLS CONCOMBRE CHEESE	✓					✓								
ROLLS TATAKI CHEESE	✓				✓	✓		✓			✓			
ROLLS TATAKI AVOCAT CHEESE	✓				✓	✓		✓			✓			
ROLLS TATAKI SAUMON CHEESE	✓				✓	✓		✓			✓			
CALIFORNIA ROLLS														
CALIFORNIA SAUMON	✓			✓										
CALIFORNIA SAUMON BOURSIN	✓			✓	✓	✓					✓			
CALIFORNIA SAUMON FUMÉ	✓			✓							✓			
CALIFORNIA THON CUIT	✓			✓	✓			✓			✓			
CALIFORNIA CREVETTES		✓		✓										
CALIFORNIA POULET				✓	✓			✓			✓			
CALIFORNIA TEMPURA POULET			✓	✓	✓	✓	✓	✓	✓		✓			
CALI FRITS														
CALI FRITS SAUMON	✓		✓	✓	✓	✓	✓		✓	✓	✓			
CALI FRITS THON	✓		✓	✓	✓	✓	✓		✓	✓	✓			
CALI FRITS POULET MAYO			✓	✓	✓	✓	✓	✓	✓	✓	✓			
CALI FRITS DINDE			✓	✓	✓	✓	✓		✓	✓	✓			
CROUSTY OIGNONS														
CROUSTY OIGNONS SAUMON	✓			✓	✓	✓	✓	✓			✓			
CROUSTY OIGNONS THON	✓			✓	✓	✓	✓	✓			✓			
CROUSTY OIGNONS CREVETTES MANGUE		✓		✓	✓	✓	✓	✓			✓			
CROUSTY OIGNONS TEMPURA CHICKEN				✓	✓	✓	✓	✓	✓	✓	✓			
TOBBIKO														
TOBBIKO SAUMON CHEESE	✓		✓	✓		✓	✓				✓			
TOBBIKO THON CHEESE	✓		✓	✓		✓	✓				✓			
JAPAN BOWLS														
AKAT POULET PANÉ AVOCAT			✓	✓	✓	✓	✓	✓	✓	✓	✓			
AKAT CRISPY OIGNONS			✓	✓	✓	✓	✓	✓	✓	✓	✓			
AKAT BOEUF			✓	✓	✓	✓		✓	✓	✓	✓			

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SASHIMI														
SASHIMI SAUMON	✓			✓										
SASHIMI THON	✓			✓										
SASHIMI MIX	✓			✓										
TATAKI														
TATAKI SAUMON	✓		✓	✓	✓				✓			✓		
TATAKI THON	✓		✓	✓	✓				✓			✓		
TATAKI MIX	✓		✓	✓	✓				✓			✓		
CHIRASHI														
CHIRASHI SAUMON	✓			✓										
CHIRASHI THON	✓			✓										
CHIRASHI MIX	✓			✓										
CHIRASHI TATAKI	✓			✓	✓	✓	✓	✓	✓					
TARTARES														
TARTARE SAUMON AVOCAT	✓			✓										
TARTARE THON AVOCAT	✓			✓										
TARTARE THON CUIT	✓			✓	✓	✓						✓		
TARTARE POULET MAYO				✓	✓	✓	✓	✓				✓		
BENTO														
BENTO SAUMON	✓		✓								✓	✓		
BENTO SASHIMI	✓		✓	✓	✓		✓				✓	✓		
BENTO TEMPURA CREVETTES		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
BENTO TEMPURA POULET			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
BENTO VEGGIE			✓								✓	✓		
MENUS														
CALIFORNIA LOVE	✓	✓		✓										
MAKI LOVE	✓						✓							
SUSHI LOVE	✓	✓												
SPRING LOVE	✓	✓									✓			
ICE CUBE LOVE	✓						✓							
MAKI MAX	✓						✓							
TUNA SALMON MIX	✓			✓										
SALMON ADDICT	✓			✓			✓							
SALMON ONLY	✓													
ICE CUBE MIX	✓						✓							
AKATSUSHI MIX	✓			✓		✓	✓	✓						
BLEND	✓		✓	✓		✓	✓	✓	✓	✓		✓		
YAKITORI			✓			✓	✓	✓	✓	✓		✓		
YAKITORI MAX	✓		✓			✓	✓	✓	✓	✓		✓		



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MENUS MIDI														
MIDI COLD	✓													
MIDI HEAT			✓	✓	✓	✓			✓	✓		✓		
MIDI HEAT & FRESH	✓		✓	✓	✓	✓			✓	✓		✓		
MIDI FULL SAUMON	✓			✓										
MIDI MIX	✓			✓	✓						✓	✓		
MIDI AKATSUSHI	✓			✓	✓							✓		
MIDI MÉGA	✓			✓	✓							✓		
MIDI MANIA	✓			✓	✓									
MENUS À PARTAGER														
MENU FOR TWO	✓	✓		✓			✓							
MENU TANDEM	✓					✓								
MENU DUO MAX	✓	✓				✓	✓	✓				✓		
BOX AKATSUSHI	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
MENU KIDS														
MENU NINJA			✓	✓	✓							✓		
MENU WAKAÏ	✓				✓		✓							
DESSERTS														
CHEESECAKE					✓	✓	✓		✓	✓		✓		
TARTE AU DAIM			✓		✓	✓	✓		✓	✓		✓		
CHURROS CHOCOLAT					✓	✓	✓		✓	✓		✓		
MI CUIT CHOCOLAT			✓		✓	✓	✓		✓	✓		✓		
MI CUIT CHOCOLAT - CARAMEL			✓		✓	✓	✓		✓	✓		✓		
PERLES DU JAPON MANGUE					✓	✓	✓							
PERLES DU JAPON BANANE					✓	✓	✓							
MAKI NUTELLA					✓	✓	✓		✓	✓		✓		
MAKI NUTELLA BANANE					✓	✓	✓		✓	✓		✓		
SAUCES														
SAUCE SOJA SALÉ			✓		✓							✓		
SAUCE SOJA SUCRÉE			✓		✓							✓		
GINGEMBRE					✓									
WASABI			✓		✓	✓		✓	✓					
SPICY MAYO					✓	✓	✓	✓						
AIGRE DOUCE			✓	✓	✓		✓	✓			✓	✓		
PIQUANTE			✓	✓	✓		✓	✓	✓			✓		